

**Consolidate 'left/right'** (and other positional language) through 'Simon Says' e.g. Simon says put your right hand on your left shoulder etc.

### **2D and 3D Shapes**

'What shape has 3 sides?'

'Shape Detective' - Have a shape in your mind, children to ask you questions in order to guess the shape eg 'Does it have 4 sides?' etc Take this opportunity to reinforce the connected language eg sides, face, corners

### **Days, months, seasons**

This needs regular practice. E.g What day is it today? Say the days of the week but leave one out – What day is missing?

Do an action song for the months of the year – make it up!

Make a story for the seasons so that the children attach memory ideas to each season. Practise the months in each season.

### **Time**

Start with o'clock, then half past, quarter past and quarter to. Practise counting in 5s around the clock. Practise the associated language of *past*, *to*, *minutes* and *hours*.

### **Measurement**

Use simple questions in order to relate to the units of measurements used for mass/ weight, length, capacity.

Let the children use the weighing scale and read the scale.

Use water play at the sink or in the bath to reinforce millilitres and litres. A 5ml medicine spoon is helpful for them to understand how small a millilitre is and similarly 1l and 2l bottles to understand 1000ml is equal to 1l.

For length let the children experience toe-heel counting from one side of the room to another, then walking and finally striding. Compare results. It is helpful for them to understand how small a centimetre is compared to one metre.

It is a good idea to practise the names of the units frequently. Use questions as you walk along to school eg What unit would I use to measure a butterfly? What unit would I use to measure a tree? What unit would I use to measure a road?



## St Bede's Catholic Infant & Nursery School



## Year 1 Mental Maths

A Booklet for Parents

